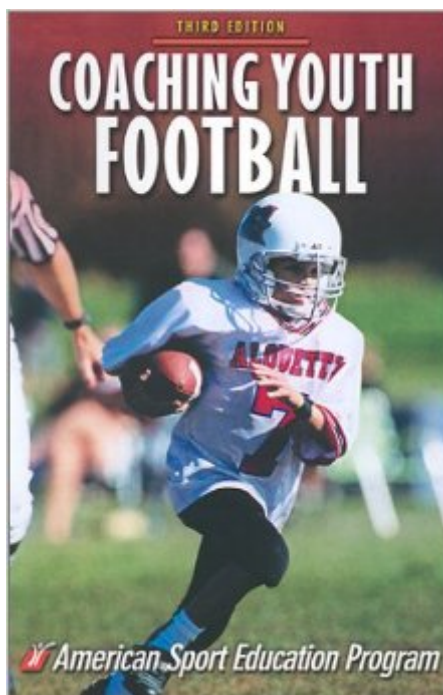


The book was found

# Coaching Youth Football-3rd Edition (Coaching Youth Sports)



## Synopsis

This work equips youth coaches to prepare their players for competition. It instructs in the principles of coaching, communication, responsibilities, safety and methods of teaching. It helps coaches know how to teach tactics and skills and then refine those tactics and skills as players develop. It prepares coaches for matches and provides them with the basics on rules and equipment. Key features include the fundamentals of coaching and preparation for the season, and all the tactics and skills the coach will need to teach are explained and demonstrated clearly.

## Book Information

Series: Coaching Youth Sports

Paperback: 192 pages

Publisher: Human Kinetics Publishers; 3rd edition (September 2001)

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ISBN-10: 0736037926

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Product Dimensions: 9.1 x 6.1 x 0.5 inches

Shipping Weight: 11 ounces

Average Customer Review: 4.2 out of 5 starsÂ Â See all reviewsÂ (5 customer reviews)

Best Sellers Rank: #1,309,760 in Books (See Top 100 in Books) #112 inÂ Books > Sports & Outdoors > Coaching > Children's Sports #383 inÂ Books > Sports & Outdoors > Coaching > Football (American) #1386 inÂ Books > Sports & Outdoors > Soccer

## Customer Reviews

This is a fantastic book for coaches that already know quite a bit about football, but are not sure how to best transfer their knowledge to a bunch of 6-12 year old kids. The book advocates a "games approach" to teaching football. It keeps the kids interested and thinking. It has worked great for me. When it is time to switch to the next teaching drill/game I nearly always have multiple kids asking, "Can we do it one more time?" We worked on kick off and kick off returns for 45 minutes yesterday using the "games approach". The kids learned a lot and they were begging to do it again. It was 95 degrees and these kids are begging to run the full length of the field over and over again!!! If you are fairly comfortable with your football knowledge, but not sure about coaching techniques, this is a fantastic book. Even if you are an experienced coach, you might want to look at this fresh, innovative approach to coaching kids.

Teaching skills to first time players can be tricky business, but the ASEP youth football book leaves no stone unturned. Having never been a lineman and having limited playing experience (over 20 years ago), the various blocking drills have really helped with my instruction this season. This book helped get me up to speed and I'd highly recommend it to anyone facing the daunting task of coaching kids football for the first time.

I agree with the review on the back cover of the book, "It should be mandatory reading for every youth football coach in America." I was lucky enough to see this book at the library and then read it before I read the other .com reviews, which I was amazed to see were very negative. The emphasis of the book is certainly not the X's and O's of football. Rather, it is on how to effectively coach kids. How to communicate. How to teach skills. How to discipline and deal with misbehavior. How to deal with parents. The proper emphasis to put on winning ("athletes first, winning second"). How to make practice fun. The importance of listening and treating each player as an individual. This book is right on the money and is a very valuable book. It written by people who clearly care about our youth.

To agree with the other reviewers, these authors have obviously never coached a youth football team. I'm tired of finding all of these coaching youth football books written by college and pro coaches. Its different game, and the sooner they realize it, the better, maybe they can put out a book that worth reading.[...]

I've found Coaching Youth Football to be an excellent primer for coaching my son's youth team this season. It includes all the background info a coach might need to build a program and keeps the focus on making the game fun. A positive introduction to this tremendous sport is what I've found most kids need and most parents want. This book has helped me to teach the boys the game while keeping things fun and safe. A+++.

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